

PEDIATRIC ENDOCRINOLOGY SYMPOSIUM

GROWING TOGETHER SUMMIT

February 13-14, 2026

Catania - Italy

Day 1 (Full Day) – 13 FEB 2026

09:00–09:20 | Opening

Title: *Clinical Goals and Current Insights in Pediatric Growth Hormone Deficiency*

09:20–10:10 | Session 1-Diagnosing Pediatric GH Deficiency: From Mechanisms to Clinical Practice

Chair: Dr. Rossella Cannarella & Prof Olcay Evliyaoğlu

- Pathophysiology and Etiologies of GHD – Prof. Malgorzata Wasniewska (
- GHD diagnosis: IGF1, Stimulation Tests and Auxological Evaluation – Associate Prof Elvan Bayramoğlu

10:10–10:30 | Break

10:30–11:45 | Session 2 –Reproductive Consequences of GH Deficiency

Chair: Prof. Sandro La Vignera & Prof. Zehra Aycan

- Testicular Function and GH Deficiency: What Endocrinologists Should Know – Dr. Rossella Cannarella
- Management of testicular function in childhood: Lessons from GHD – Prof. Aldo E. Calogero
- Ovarian function and GH Deficiency: Prof. Nihal Hatipoğlu

11:45–12:00 | Break

12:00–12:50 | Session 2- Growth Hormone Deficiency: Diagnostic Imaging and Long-Term Outcomes

Chair: Prof. M. Wasniewska, Hamdi Cihan Emeksiz

- Role of Brain MRI in GH Deficiency – Associate Prof. Onur Akın
- Long-Term Outcomes of GHD: Beyond Height – Prof.Dr. Atilla Çayır

12:50–14:00| Lunch Break

14:00-14:50 | Session 3 – Treatment Strategies and Daily vs Weekly hGH

Chair: Prof. Aldo E. Calogero + Prof Dr Mehmet Nuri Özbek

- Daily hGH: What Real-World Data Tells Us – Prof. Manuela Caruso
- Weekly hGH: What do we know and what we expect –Associate Prof. Hande Turan

14:50–15:00 | Break

15:00–15:50 | Session 4 –Growth Hormone Treatment: From Individual Factors to Expanded Indications

Chair: Prof. Riccardo Polosa +Prof Mehmet Keskin

- Treatment Individualization: Age, Weight, Puberty, and Adherence – Prof. Ahmet Anık
- Expanded Indications for Growth Hormone Therapy– Prof. Şükran Poyrazoğlu

15:50–16:00 | Closing

Day 2 (Half Day) –14 FEB 2026

09:30–10:45 Mini-Workshop – Enhancing Treatment Adherence

Chair: Prof. Tommaso Aversa & Prof Dr Semra Çetinkaya

- Management strategies for suboptimal response to growth hormone treatment – Dott. Sandro Loche
- Factors improving adherence in daily practice: patient and family education, injection device ergonomics, digital reminders – Prof.Dr. Erdal Eren
- Management of GH treatment in transitional age – Prof. T. Aversa

10:45–11:00 | Break

11:00–11:50 | Nutritional growth retardation

Chair: Dr. Sandro Loche & Prof.Dr.Filiz Tütüncüler

- Nutritional Growth Retardation: Definition, Pathophysiology, and Diagnostic Approach - Associate Prof İhsan Turan
- Nutritional Growth Retardation: Treatment Strategies, Monitoring, and Case Management – Dr Domenico Corica

12:00–13:00 | Lunch Break

13:00–13:50 | Real-World Evidence Session

Chair : Prof. Manuela Caruso & Prof Betül Ersoy

Case presentations from regional centers

- Dr. G. Leone (weekly)
- Associate Prof. Dr. Aysun Ata
- Dr. A. Crafa (transition)
- Associate Prof. Dr. Eren Er

13:50–14:10 | Break

14:10–15:00 | Real-World Evidence Session

Chair: Prof. Manuela Caruso + Prof Dr Hüseyin Demirbilek

Case presentations from regional centers

- Dr. A. Bongiovanni (daily)
- Associate Prof. Aylin Kılınç Uğurlu
- Dr. Letteria A Morabito
- Associate Prof. Dr. Gürkan Tarçın

Scientific Comeetee

- Prof. Riccardo Polosa
- Prof Olcay Evliyaoğlu
- Prof. Malgorzata Wasniewska
- Prof. Zehra Aycan
- Prof. Manuela Caruso
- Prof. Filiz Tütüncüler
- Dr. Rossella Cannarella
- Associate Prof. Hande Turan
- Associate Prof Elvan Bayramoğlu